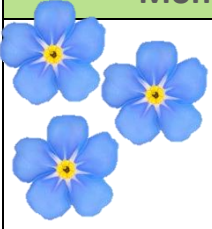

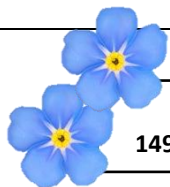




# MAY CALENDAR - EXETER

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>CMHA HP Wellness Group</b> 12:00pm-1:30pm (James/Gillian) <b>Drop-In peer support HP</b> (James) 1:30pm-4:00pm	2 <b>Drop-in Social Connection</b> 10:00am-12:00pm
5 <b>Community Drop in for Support and information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm -2:00pm	6 <b>Exeter Centre closed</b>	7 <b>Coffee and Connection</b> 9:30am-11:30am	8 <b>Community Kitchen Group</b> 9:30am-12:30pm <b>CMHA HP Wellness Group</b> 12:00pm-1:30pm (James/Gillian) <b>Drop-In peer support HP</b> (James) 1:30pm-4:00pm	9  <i>In celebration of</i> <b>Mental Health Week</b> <b>Community Open House</b> 1:00pm-3:00pm
12 <b>Community Drop in for Support and information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm -2:00pm	13 <b>Exeter Centre closed</b>	14 <b>Coffee and Connection</b> 9:30am-11:30am	15 <b>CMHA HP Wellness Group</b> 12:00pm-1:30pm (James/Gillian)	16 <b>Drop-in Social Connection</b> 10:00am-12:00pm
19 <b>Victoria Day</b> <b>Exeter Centre closed</b>	20 <b>Exeter Centre closed</b>	21 <b>Coffee and Connection</b> 9:30am-11:30am <b>Drop-In Counselling with CMHA HP (Gillian)</b> 12:30am-2:30pm	22 <b>Community Kitchen Group</b> 9:30am-12:30pm <b>Drop-In peer support HP</b> (James) 12:00pm-4:00pm	23 <b>Drop-in Social Connection</b> 10:00am-12:00pm
26 <b>Community Drop in for Support and information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm -2:00pm	27 <b>Exeter Centre closed</b> <b>CMHA Drop-In Exeter Library</b> 10:00am-12:00pm	28 <b>Coffee and Connection</b> 9:30am-11:30am	29 <b>Drop-In peer support HP</b> (James) 12:00pm-4:00pm	30 <b>Exeter Centre closed</b>



South Huron Site is Located at:  
149B Thames Rd. Exeter, ON N0M 1S3 | (519) 235-0335

To Register for Groups or More Information  
Call: 519-235-0335

