







# JULY CALENDAR - EXETER

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>CANADA DAY</b>  <b>Exeter Site Closed</b>	2 <b>Coffee and Connection</b> 9:30am-11:30am <b>CMHA HP Drop In Counselling</b> (Gillian) 12:30pm-2:30pm	3 <b>CMHA HP Getting on with Life Drop In Group</b> 12:00pm-2:00pm <b>CMHA Peer support Drop In</b> (James) 2:00pm-4:00pm	4 <b>Drop In Social and Connection</b> 10:00am-12:00pm <b>Gardening Group</b> 11:00am-12:00pm
7 <b>Community Drop in for Support and information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm-2:30pm	8 <b>CMHA Drop in Lucan Library</b> 10:00am-12:00pm 	9 <b>Coffee and Connection</b> 9:30am-11:30am	10 <b>CMHA HP Peer Support Drop In</b> (James) 12:00pm-4:00pm	11 <b>Drop In Social and Connection</b> 10:00am-12:00pm <b>Gardening Group</b> 11:00am-12:00pm
14 <b>Community Drop in for Support and Information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm-2:30pm	15 <b>Exeter Site Closed</b>	16 <b>Coffee and Connection</b> 9:30am-11:30am <b>CMHA HP Drop In Counselling</b> (Gillian) 12:30pm-2:30pm	17 <b>Community Kitchen Group</b> (registration required) 9:30am-12:30pm <b>CMHA HP Getting on with Life Drop In Group</b> 12:00pm-2:00pm	18 <b>Drop In Social and Connection</b> 10:00am-12:00pm <b>Gardening Group</b> 11:00am-12:00pm
21 <b>Community Drop in for Support and Information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm-2:30pm	22 <b>Exeter Site Closed</b>	23 <b>Coffee and Connection</b> 9:30am-11:30am	24 	25 <b>Drop In Social and Connection</b> 10:00am-12:00pm <b>Gardening Group</b> 11:00am-12:00pm
28 <b>Community Drop in for Support and Information</b> 11:00am-1:00pm <b>Nature Walk McNaughton Trail</b> 1:00pm-2:30pm	29 <b>CMHA Drop In Exeter Library</b> 10:00am-12:00pm	30 <b>Coffee and Connection</b> 9:30am-11:30am	31 <b>CMHA HP Peer Support Drop In</b> (James) 12:00pm-4:00pm	 

South Huron Site is Located at:  
149B Thames Rd. Exeter, ON N0M 1S3 | (519) 235-0335

To Register for Groups or More Information Call: 519-235-0335